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## amps...from Page 1A must organize both a prosecu-

tion and a defense in response to the factual scenarios and evidence present. "It's very factually dense, and that's really what

the coaches do, is try to help take these young folks through these very, very dense factual

scenarios and be able to say, this is what's relevant," said Enotah Judicial Circuit Superior Court Judge Murphy Miller. "What kind of a narrative can we put together that's going to be compelling and be persuasive to somebody that's going to hear this that comes in for the first time, just like a real juror and a real case?"

The team is composed of students Nick Atkinson, Kat Capstick, Naomi Cowan, Emma Crosby, Marisa Evans, Brooke Hamby, Abhyjit Kheepal, Jake Mathis, Stephen Normyle, Matt Peney, Clay Picklesimer, Hannah Quigley, Sage Royston, Cody Short, Rachel Todd, Emma Garrison and Addie Murphy. "We have an amazing

team with dedicated students who are the top of the line in not just academic, critical thinking, but with their hearts as well, and I couldn't be more proud to be associated with this group," said Payne. "They bless me more than words could ever express."

Teacher coaches are Payne, April Krieger and Erik Love, and attorney coaches are Judge Miller, and attorneys Beth Martin and Daniel Davenport.

and civically – for both their present and their future," said Krieger. "Time and time again, we teacher coaches see our UCHS Mock Trial Team members using the knowledge and critical-thinking skills they practice not only from one team year to the next, but also in our classes each day. The ability to think on one's feet, to argue a point with a credible claim, and to do so fairly and convincingly in any subject area – that's a life skill that many work long years to

"Students who partici-

pate in the mock trial expe-

rience benefit not only aca-

demically, but also socially

Senior Rachel Todd, Union County's 2015 STAR Student and the school's first ever state-level competitor for the same, gives much credit to the hard work and time put in by each of the team's teacher and attorney coaches.

achieve."

"Throughout the entirety of my high school career, mock trial has taught me many invaluable life lessons," said Todd, who has been a competing attorney on the team for four years. "What was at first only something to do because of its difficulty has grown into one of my most memorable teachers. Preparing our cases for competition provided opportunities to hone my public speaking, problem solving, and strategic thinking skills tremendously. "Copious amounts of

revisions to my lines of questioning and closing arguments helped me learn from my mistakes and taught me the importance of flexibility. Battling through tough competition rounds at the state level while serving as lead attorney tested my ability to persevere and motivate and support my teammates in tense, arduous conditions. Most of all, these situations have drawn out and cemented in place the passionate, resolute side of my personality. Mock trial has molded and improved me - I am who I am because of my experiences with this associa-

The lessons taught to and learned by such remarkable young people, some of whom began mock trial as freshmen at the age of 14, are certainly gifts that keep on

giving.
"I may have had a couple of these participants that have made it to law school, but most of them are wanting to be veterinarians and doctors and business people," said Judge Miller. "They have other dreams, but they use this as a way to be able to analyze the situation and to be able to apply to rules of law, and to be able to develop that poise that comes from being able to speak comfortably in public."

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portion. So, our goal is just to educate the public and be sure that they know the important role they play in saving their loved ones.'

According to Powers, the most important part of current CPR methodology is





the compressions.

"The three biggest components are pushing hard, pushing fast – don't be worried about messing up, because anything that you're doing is going to be beneficial - and just continuing CPR until EMS and further help arrives," said Powers. "Any type of cases that we're involved with, the patients that we see do very, very well are the ones that have bystander CPR. Hands down, bystander CPR is the most important component in making a difference in a patient."

The Union County Sheriff's Office was at the hospital Saturday, collecting old and unused medicine.

"We've had a lot of people turn in old prescriptions, and that prevents it from getting in the hands of the wrong people," said Deputy Andrew Glass. "We take it back to the sheriff's office, and we have a big disposal bin. We pile it all in, and it goes to our evidence custodian, and they destroy

Amber McCarter, who works in the quality department of UGH, handed out Risk Factor Scorecards for people to take home with them, detailing the risk factors associated with strokes.

"There are two different types of strokes: ischemic and hemorrhagic," said Mc-Carter, who had actual brains on display for the event. "The main thing we're trying to send home with the people today is the signs and symptoms, because there is a threehour timeframe there that they could get the most optimal treatment."

The organs on display throughout the second floor of the hospital on Saturday were provided by Dr. Jerry Porter, a pathologist who works at Emory Saint Joseph's Hospital in Atlanta and UGH.

"All across the hospital, we've got various anatomical organs that are human organs that we're using just for educational purposes," said Dr. Porter, who had pieces of the human heart at his station. "And this is just showing atherosclerosis and the new technology as far as with coronary stints, and we don't have to do the bypasses. And we're showing the aorta and the diseased aorta, and just trying to educate as far as trying to ward off the hardening of the arteries."

Dr. Porter has been educating the public with actual human organs for more than 30 years, with organs around the hospital including lungs with tumors and suffering from emphysema, colons with cancer, as well as fibroids of

the uterus and gallstones. "Some of these very organs have gone to the fourth grade here at Blairsville," said Dr. Porter. "We try to start out earlier and earlier as for making sure that we're teaching the people about not to smoke, control their cholesterol, control their blood pressure, control their diabetes."

And those who survive

catastrophic cardiovascular and pulmonary events can join Cardiopulmonary Rehabilitation Director Laurie Saylor, along with Kathy Sorrells, in the hospital's cardiopulmonary rehab workout room. 'We have little telem-

etry boxes so we can record their heart rhythms continuously, and each person has an individualized treatment plan," said Saylor. "When they come in, we ask them in the very, very beginning, everything that we could possibly ask about them so that we can tailor it to what hurts and what doesn't hurt, so we're not hurting something fur-

Those who have been patients at the hospital can go on the hospital's website to access the Patient Portal, which houses all of a patient's history of treatment done at the hospital, making it easier to keep personal records to carry between doctors and keep at home.

"You can go online and access all of your lab and radiology reports from us. Chatuge, Northeast Georgia and their clinics," said Leanne Siller of the UGH IT department. "So, if you've been here in the past year since February of last year, we can get you signed up."

Results from Saturday's lab tests will not be available on the Patient Portal due to the vast numbers of people who showed up, but those who attended were asked to selfaddress an envelope, and can expect their results in about a week.