As one returning starter said, this team will not settle for mediocrity this year, "I'd like to improve on my shooting

"It's also a goal that we would love to make state after all our hard work and any loss that we may have this season will always be a disappointment," he said.

When asked what his team needs to work on over the summer, Ryals talked about the mindset of his team.

"My mentality. My team's mentality," said Ryals. "I'm looking forward to the time this summer that our team bonds together to find and develop the commitment to win. We need to set our goals early as a team. Decide what we want, decide if we are willing to pay the price, then pay the price. Basketball camp is usually about improving skill. I hope this year it is different. I hope we improve our mentality. Being average is not acceptable. Success is the only option."

When asked about the new school year, Ryals expects the winning to start in the fall with the football team, then have it carry over into basketball.

"It would mean a lot to put UC back on top," he said. "I hope it starts with the football team this year. They will get the first chance. In the event they don't, we will. We will win Region this year and go deep into state. Anything less will be a disappointment. Thirty years (without a boys Region Title) is too long.'

There is a quote hanging in the Union County Gym, where the team is training, and it reads, "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who are we to be successful, winners, champions? Actually, who are we not to be? We are a child of God. Our playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates

"This drives me," said Ryals. "Losing is not an option.

#### Tori Dyer...continued from Page 10A ing I received and our team's

success that followed gave me confidence that I could play at the next level. That confidence was the greatest preparation

Tori Dyer knows that she can't become complacent after winning the starting job as a freshman. She realizes the path ahead of her will not be any easier to tread.

"Now that Young Harris is officially part of the NCAA Division II and a part of the Peach Belt Conference, competition will get even tougher," Tori Dyer said. "So I have kept my workouts going, hoping to get stronger and stay

in shape for the upcoming fall season. My personal goal for my sophomore season will be as a freshman, and use the fall season to correct the little things I have trouble with. My team goal would be to prove ourselves in the Peach Belt and show we have what it takes to play with the competition."

Read next week's edition as the North Georgia News focuses on Piedmont College's freshman outfielder, Kristen Hamby, who was recently named to the All-Freshman Team in the Great South Athletic Conference.

### 16&U Panthers win Tiger Classic Baseball Tourny



The 16U Panther Travel Team won the 13th Annual Tiger Classic Baseball Tournament in Lakeview-Fort Oglethorpe. UC had three wins and one loss in the weekend long tournament. Wins came against the Sandy Plains Prowlers, North Georgia Thunder, and Sharon Springs Spartans. Panthers ended the tournament with the best overall record bringing home the trophy. Pictured left to right: (front) Kalvin Duckworth, Tyler Odom, Chase Barnett, Hunter Hughes, and Davis Carter (back) Cooper Patton, Jake Sissum, Head Coach Jeff McCarter, Bryce McCarter, Jesse Bates, and Chris Reinhardt. Not pictured are Lane Everett, Lake Arnick, Robert Prunier, Coach Joe Arnick, Coach Mark Carter, and Coach Jeff Odom.

## Athletic Shoes Donated to UCRD by Alexander's Store

The Union County Recreation Department would like to thank Alexander's Store for the donation of new athletic shoes to be used for children who are unable to afford them and otherwise would not be able to participate in either baseball or football programs. The shoes Hart at (706) 439-6074

are a variety of sizes to fit all the age groups, but sizes are limited and will be given out an an as needed basis.

Anyone that would like to take advantage of this opportunity, call Larry Conley or Crystal

school district. Practice begins

in July, so to ensure participa-

signed up by the end of June.

Players, cheerleaders, and po-

tential coaches must register at

the Union County Recreation

# UC Rec Dept Football registration is underway

Believe it or not, it's time to start thinking about football for 2012.

Registration for participation in the 2012 North Georgia Youth Football program opened June 1 for both football players and cheerleaders. Programs are available for 5/6 year old flag

football and tackle football for all age groups, 7, 8, 9, 10, 11, and 12 year olds. Cheerleading is open for ages 5 through 12. The age group football players will participate in is determined by the age they are on July 31. The cost to participate in any of the programs is \$75. This year,

along with their birth certifi-

cate, players must bring with

them proof that they reside in

Union County full-time or are

enrolled in the Union County

Department, located at 310 Wellborn St., which is just below the Elementary School, and across the street from the Middle School. For more details on football, ley at (706) 439-6074.

(706) 439-6037 or Larry Con-For cheerleading information, please contact Crystal Hart

at (706) 439- 6074. If you would like to see the structure, by-laws or rules of the North Georgia Youth Football www.radiologyinfo.org League, you can log onto our look up procedure by name, Website at NGYFA.org. Cryotherapy. N(Jun6,Z1)CA

## **UCHS Basketball Camp Info**

David Tucker, 106 Sherwood Ave. Calhoun, TN 37309 Phone (423)336-3045

Tucker's Basketball Skills Camp

For grades K-12 on June 25-28 from 9 a.m. to 12 p.m. The cost will be \$60 per camper. Bring in the info listed below and the \$60 on June 25th, or you may mail the info, along with a check, to David Tucker at the address above.

Activities will include: Ball handling drills, dribbling drills, shooting instruction, offense and defense instruction, contests, 5 on 5 play, 3 on 3 play, and 1 on 1 play. **UCHS Shooting Camp** 

For grades K-12 on July 12-14 from 9 a.m. to 12 p.m. The cost will be \$40 per camper. Bring in the info listed below and the \$40 on July 12, or you may mail the info, along with a check, to David Tucker at the address above.

Activities will include: Shooting drills and instruction for individuals and group, passing drills, dribbling drills, and

Required information is: the campers name, grade, shoe size. health insurance, phone number, emergency contact name and phone number, a parent's signature. If you mail a check, please specify which camp your child will be attending.

# UC Panther Wrestling Camp

The 2012 Union County Panther Wrestling Camp will begin on Monday, June 18 and last through Wednesday, June 20 at the Union County Middle School Gym. The camp will be open to all upcoming fourth through

12th graders. For more info contact Bob Williams at (706) 781-9204 or bwilliams@ucschools.org There will be two separate camp times. 9 a.m. to 11:30 a.m.

for high school and experienced middle school wrestlers. Then from 1 p.m to 3:30 p.m. for fourth though eighth grade and all inexperienced wrestlers. Cost is \$40 and make checks out to Union County Take-

down Club. The fee includes beginning and advanced instruction plus a camp t-shirt. Concessions will be available. Lodging and meals are not provided. Required equipment is a t-shirt and shorts with no buttons or zippers. Headgear, wrestling shoes, and kneepads are

Please provide the following info with the camp fee: name of camper, grade, parents' name, phone number, email address, and shirt size.

Mail to: Bob Williams, 46 Jones Rd., Blairsville Ga.

## Jaden Rickman to learn from mistakes I made catches an 11lb Rainbow Trout



On Saturday, June 2nd, Jaden Rickman caught this 11 lb. 26 inch Rainbow Trout during Rock Creek Youth Day. Jaden was fishing with his Grandpa and was so excited when he caught what he says is "the biggest fish in the world!" N(Jun8,C6)ad

#### **Local men compete in Southern Powerlifting Federation Classic**



Cory Ross, Charlie Ross, Jack Guffey

Three local men, Cory of hard work and dedication. Ross, Charlie Ross, and Jack Guffey, competed in the Southern Powerlifting Federation Cell Block Classic competition in Manchester, Tennessee, on May 19, 2012. All three men, who are members of Union General Wellness Center, won the events for their weight classes.

Cory Ross, who competed in the 242 class, benched 225 lbs. and deadlifted 450 lbs. Charlie Ross competed in the 220 class and benched 375 lbs and deadlifted 500 lbs. Jack Guffey competed in the 198 class and benched 295 lbs. and deadlifted 500 lbs.

Congratulations to all three men for an outstanding achievement - the result

#### YHC Summer Baseball Camps

2 Camp Weeks: June 18-22 & July 23-27. Three differtion, all registrants must be ent camps each week for ages ranging from 5-18. Instruction for beginners to advanced Middle School to Elite High School. For more information visit us on the web: TheRock-Sports.com or call 706-897-2363. NT(JUN6,Z6)CA

## Cancer you can contact Ed Webster at **freezing procedure**

procedures Freezing available for breast, lung, liver, and prostate cancers. These procedures have been around for years, yet so many people do not know about them. Research information under

ing and endurance training for men, women and young adults. **Ladies Day** at The Ridges

Charlie Ross is also a personal

trainer at the Wellness Center,

specializing in strength train-

# Thursday, May 31, 2012,

twenty-one lady members and three guests participated in Ladies Day at the Ridges. The nineteen ladies playing 18 holes of golf played the 1, 2, 3 on 5, 4, 3 game in which par fives used one best ball of the four person team, par fours used two best balls of the team, and par threes used the three best balls of the team.

The first place winners were the team of Jackie Dichiara, Barbara Boswell, Anita Flood, and Nancy Steck with a low net score of 280. Second place went to the team of Pat Mosteller, Dee Ramsey, Judy Spillett, and Becky Sutton with a low net score of 287. The five ladies, participating in the nine hole competition, played individual low putts. There was a tie for low putts among Star Glock and Karen Whittaker. Each lady took only 17 putts on their nine holes. What a great time to be a member at The Ridges! The ladies group plays a

variety of games each Thursday. They would love to have more players. The eighteen hole golfers tee off at 9 a.m. and the nine hole golfers tee off at 10 a.m. If you would like to be a part of the fun, call The Ridges Golf Shop at 828-

389-9000 to sign up for the

**UC Rec Department News** 

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Summer Day Camp Registra-

The Union County Recreation Department Summer Day Camp Registration begins May 1st, 2012. Registration forms will be available on the web site at www. unioncountyrecreation.com or they can be picked up at the Union County Recreation Department Central Office at 310 Wellborn Street. The fee for the camp is \$70 per week, a discount will be given for multiple children and includes breakfast, lunch, and most all activities. Camp will be held at the Union County Kidz Corner formerly known as Mountain

Learning and Childcare Center. Spots fill fast so get your registration in now. **Pool Information 2012** 

The swimming pool at Meeks Park

will be noon to 6:00 p.m. Fees will be \$4.00 for a single day, \$60 for a single summer pass, and \$100 for a family season pass. Adult water aerobics will began on May 28th and will take place on Mondays, Wednesdays, and

Fridays from 10:30 a.m. to 11:30

a.m. The fees start at \$5.00 per

day, \$30 per month, and \$80 for the season. The water aerobics are open to everyone who is at least 18 years old. Youth swimming lessons for ages 5-12 years will be broken into two sessions. The first session will take

place from June 11th until June 15th. The second session will be

from June 26th through June 29th. The times will be 9:00 a.m., 9:45 a.m., 6:00 p.m., and 6:45 p.m. The fee will be \$45 per session.

Tiny Tot swimming lessons will also be available for ages 3 to 4 vears old. Times and fees will be the same as the youth swimming lessons and will take place during the week of June 18th. A parent must enter the pool with the participant. Lap swimming is available on

Tuesdays beginning May 29th

for ages 16 and up and will cost \$2.00 per day or free with a pool membership. Lap swimming will only be available between 10:30 to 11:30 a.m. Pool parties may also be booked. If you would like to book a party, a \$25 deposit must be made in advance before any dates will be held in reserve. Parties can be is now open. The operating hours

booked during the evening from

6:00 p.m. to 8:00 p.m. - depending on pool availability. A fee of \$50 will be charged for two hours, plus an additional \$8.50 an hour, per lifeguard, that must be paid by the renter. A minimum of two lifeguards are mandatory at any party. If your party consists of 30 or more people – an additional

lifeguard is required. Poteete Creek Campground Tent and RV sites are available. Pavilion rental available for parties, reunions, etc. There is a beach area for swimming. There will be NO LIFEGUARD. For more info call: (706) 439-6103

#### Vogel's Kids Fishing Rodeo Vogel State Park and the giving out bait, baiting hooks,

Vogel Volunteers will host a Kid's Fishing Rodeo on Saturday, June 9, 8 a.m. - noon. Wolf Creek will be stocked with trout for children 12 years and younger to fish. Your child must be present at the registration tent for sign-in and to receive a free tee shirt prior to fishing. The first 300 children will receive a tee shirt. Also the lucky ticket holders will receive a prize. Park staff and volunteers will be helping by

ited supply of loaner rods/cane poles, corn and worms will be available. So please, bring your own if possible. All fishing laws are to be followed. We want to teach the children to protect and conserve the resources while having fun. Information: 706-745-2628 or www.Georgia-

taking fish off, and giving

out prizes. Prizes are donated

by local businesses. A lim-

StateParks.org. N(Jun6,Z12)CA

on the heels of this team was

the team of Dennis and Anita

## Memorial Day Scramble at the Ridges

Monday, May 28, fifty- a low net score of 50. Close two members and three guests of the Ridges Golf Club participated in a Memorial Day Scramble. This classic annual event kicked off at 8:30 a.m. with a shotgun start of 14 teams. The golfers completed eighteen holes of competition with low gross honors going to the team of John and Jackie DiChiara, Jerry Gibson, and Jim Ackerly with a 12 under 58. Second low gross was claimed by the team of Eric Wells, John Outlaw, Frank Ramsey, and John Moreland with a 7 under 63. The low net winners were the team of Mike and Karen Whittaker

Trosky, Nick Fisk, and Randy Rau with a low net score of 51. Congratulations to the winners and all that participated in the event. Following the golf, the teams enjoyed burgers, dogs, chicken, baked beans, and fries prepared in the Cherokee Grill. As the saying goes, a good time was had by all.

If you are interested in participating in future Ridges events or becoming a member, call us at 828-389-9000. We are planning many fun-filled events for the summer. Come and Linda and Rick Wark with be a part of the fun! NT(Jun6,A3)SH

## 1st Annual Derrick Whittle Memorial Softball Tournament

rick Whittle Memorial Softball Tournament will be held at Meeks Park, Blairsville, GA on Saturday, June 16, 2012. The entry fee is \$125, deadline for registration is June 13,

Tournament information: Any 44 core ball, any bat, except Ultra and Ultra II. The count will start at 2 balls and 1 strike with an extra foul, time limit will be 1 hour and 15 minutes with double elimination, it's defensive pitching,

The First Annual Der- and pitchers will pitch behind a screen. Eight home runs per game, anything after 8 will count as an out. The entry fee is due before your first game is played. For any additional information or to register your teams contact Derek (Goob)

Richards at 706-994-2445. Proceeds to benefit the Derrick Whittle Memorial Scholarship Fund. Deputy Derrick Whittle #221 was a Deputy in Union County, GA who lost his life in the line of duty in 2011.

# Basketball camps at Young Harris College

-12th – 8 a.m.-12 p.m. Boys & Girls Ages 5-10 years old. Tshirts will be provided. Fundamental Individual/Group Work and Fun Games. Cost:

2nd Camp is our "Young Harris Basketball Camp" July 16-19th - 8:30 a.m.-3 p.m. Boys & girls ages 8-15 years old. Cost: \$150. Lunch Pro-

1st Camp is our "Junior vided w/ t-shirts. Fundamental Mountain Lion Camp" July 9 Stations, Games and Tournament Play.

> Learn with Coach's & Players. Contact Information for Both Camps: Heath Hooper hwhooper@ (706) 781-5974. yhc.edu To download camp brochures please visit our website www. yhcathletics.com and click on the link inside athletics – 2012 Summer Camp. NT(Jun6,A1)SH